
I. RATIONALE

Since 1984, over 39,622 cases of Human Immunodeficiency Virus (HIV) infections have been reported in Philippines. Eighty-five percent (85%) of the total cases (33,607) were reported in the past five years, from January 2011 to December 2016 (Epidemiology Bureau, HIV, AIDS and ART Registry of the Philippines, 2016.). The unprecedented increase in incidence prompted the Department of Health (DOH) to intensify its prevention and control initiatives in key populations and vulnerable groups by including HIV as one of the 12 Legacy Agenda under the current DOH administration.

The Sixth AIDS Medium Term Plan (2017-2022) recognized HIV counseling and testing strategy as one of the preventive interventions for key populations at risk. HIV testing is being promoted to the key populations because through this intervention, those who have HIV risks are given the opportunity to know their HIV status, and at the same time are provided with information on risk reduction strategies and referred to relevant support facilities. Providing counseling prior to and after HIV testing is mandated by Republic Act No. 8504, “AIDS Prevention and Control Act of 1998”.

The policy on HIV Counseling and Testing is updated in order to provide quality standards in the conduct of HIV testing services consistent with the 2015 WHO Consolidated Guidelines on HIV Testing Services. This is also to ensure wider access to HIV treatment in the country.

II. OBJECTIVES

A. General:
To provide policies and guidelines in the conduct of HIV Testing Services (HTS) in health facilities.

B. Specific Objectives:
1. To identify the components of HTS and the protocol for each of them;
2. To set the standards/requirements for an HTS facility;
3. To define the roles and responsibilities of stakeholders in the implementation of these guidelines.
III. SCOPE AND COVERAGE

These guidelines cover all STI and HIV service providers, coordinators, managers of HIV clinics and/or testing laboratoris, and all facilities offering HIV testing for diagnostic purposes, in both public and private settings. These guidelines do not include HIV testing for purposes of surveillance, blood donation and research-related activities.

IV. DEFINITION OF TERMS

1. Community-based HIV screening (CBS) - Non-laboratory rapid HIV screening procedure done outside a health facility by a trained member of community-based organizations or groups.

2. Confidentiality - an ethical duty that maintains the privacy of any personal information revealed during the entire process of HIV Testing Services.

3. Confirmed HIV positive test result - a series of reactive test using rapid HIV diagnostic algorithm (rHIVda), or Western Blot or Nucleic Amplification Test (NAT) as performed by the National Reference Laboratory/San Lazaro Hospital STD, AIDS Cooperative Central Laboratory (NRL/SLH SACCL) or any of the DOH certified laboratories.

4. Consent - written informed decision of a person based on full information allowing him/her to undergo HIV testing or a verbal decision to go through screening procedure. The information shall be given by a health care provider or a HIV Counselor.

5. HIV Counselor - A person who conducts counseling for HIV testing. He could be a health care provider or a DOH certified HIV Counselor.

6. HIV Counseling - a confidential interactive communication process between a person and HIV counselor that enables a client to make an informed choice about being tested for HIV and assist a client understand and cope with HIV test result.

7. HIV Screening - a procedure using DOH Food and Drug Administration (FDA)-registered HIV test kits performed through finger-pricking by a trained and supervised healthcare workers and lay person.

8. HIV Testing - refers to initial serological test to determine the presence of antigens and/or antibodies against HIV, performed by a HIV-proficient medical technologist.

9. HIV Testing Services (HTS) - full range of services accompanying HIV testing including counseling (pre-HIV test and post-HIV test); linkage to appropriate HIV prevention, treatment and care services and other clinical and support services with proper coordination with reference laboratories to support quality assurance and delivery of accurate results.

10. HIV Testing Services (HTS) facility - any health facility (clinics, hospitals) providing HIV testing services which can be a stand-alone, or incorporated into existing health-care services.

11. HIV Treatment hub - a hospital with an organized HIV and AIDS Core Team (HACT) that facilitates in-patient and out-patient prevention, treatment, care, and support services to People Living with HIV (PLHIV) including but not limited to HIV testing services, clinical management, patient monitoring, and other care and support services. Antiretroviral (ARV) treatment can be accessed through these facilities.

12. Key Population - members of this population are male who are having sex with male, people in prisons and other closed settings, people who inject drugs, sex workers, and transgender men and women.

13. Quality Assurance (QA) - a planned and systematic intervention done by testing laboratories that aims to ensure that their services and processes will satisfy given requirements for quality.
14. Quality Assessment – processes undertaken by NRL-SLH/SACCL to monitor, evaluate and document the effectiveness of the QA program of testing laboratories (e.g. EQAS, site visit)

15. Reactive result – When an HIV testing or screening procedure indicates presence of HIV antibodies and/or antigens. This result should be confirmed using the current diagnostic algorithm.

16. rHIVda (rapid HIV diagnostic algorithm) – Uses a combination of 2 or 3 rapid test formats done in parallel or sequence on a sample that had a reactive result in the initial test.

17. Primary HIV Care Clinic – a private or public health facility that provides out-patient primary care services to PLHIV including but not limited to HTS, clinical management, patient monitoring, and other care and support services. ARV treatment can also be accessed through these facilities.

18. Social Hygiene Clinics – these are clinics of the local government unit (LGU) that specialized in the management of Sexually Transmitted Infections.

V. GENERAL GUIDELINES

A. Consent for HIV Test: All people receiving HTS shall give written informed consent to be tested and counseled. They shall be informed of the process for HIV test and counseling and of their right to decline.

B. Confidentiality: HTS shall be confidential and client’s privacy shall be ensured at all times. The counseling session between the HTS provider and the client, including test results shall not be disclosed to anyone else without the written consent of the person being tested except as stipulated in the RA 8504.

C. Counseling: All HIV testing shall be accompanied by appropriate and high quality counseling. Public and private facilities performing HIV test shall provide pre- and post-HIV test counseling to all clients.

D. Correct Results: There shall be accurate tests and prevention of false positive results through continued adherence to quality standards and procedures.

E. Connection to Care: All clients shall be linked to prevention, treatment and care services. These services shall include effective and appropriate follow-up, including long-term prevention and treatment support.

VI. SPECIFIC GUIDELINES

A. Informed Consent

Client’s consent must be obtained prior to HIV test in the following forms:

1. Verbal consent, from clients 18 years old and above, is adequate only in community-based HIV screening services;

2. Written informed consent from the client shall be secured first before proceeding to HIV testing for clients of legal age (see Annex I- A).

3. For the following conditions, written consent can be provided by persons aside from the client as provided by Philippine laws (RA 8344, RA 10354):
   a. For infants/children born to HIV positive mothers, persons below 18 years old needing HIV test, and patients who are comatose or mentally incapacitated, consent for HIV test shall be provided by the nearest of kin;
   b. In addressing serious cases, as defined in RA 8344, that deem HIV test to be a crucial diagnostic test to proceed with clinical management, consent for HIV test can be provided by a licensed social worker for minors, mentally incapacitated,
and comatose patients only if consent from parents or nearest of kin cannot be obtained, in accordance with the provisions of RA 10354, section 23.

B. HIV Screening
1. HIV screening procedure shall only be regarded as an additional HIV risk screening tool and shall not be considered as first test in the diagnostic algorithm.
2. Health care workers (doctors, nurses, medical technologists, midwives) are allowed to perform the procedure.
3. Community-based HIV screening, with linkage to prevention, treatment and care, shall be offered to key populations. Trained and supervised lay providers can independently conduct safe and effective HIV screening using rapid diagnostic kits.

C. Pre-HIV Test Counseling
1. Confidentiality of all data to be gathered from the client shall be emphasized.
2. The HIV Counselor shall provide the following information to the client:
   a. For provider initiated testing, HIV and its relationship with client’s current health condition (i.e. STI, Tuberculosis, Hepatitis B and C, and pregnancy) and the benefit of knowing one’s HIV status;
   b. Flow of the HIV test procedures in the clinic.
3. The client shall be given chance to express any other concern or needs in relation to HIV and test procedures.
4. The HIV Counselor shall review/validate the information provided in the DOH EB Form A / A-MC (see Annex II).
5. If necessary, the HIV Counselor shall assist the client in the completion of information in the DOH EB Form A / A-MC.
6. The client shall be asked to sign the consent for HIV test.
7. The Counselor shall log the information needed in the HTS daily registry, and individual client record (See Annex III and IV respectively).
8. The Counselor shall accompany the client to the laboratory for testing.

D. Conduct of HIV Testing
All HTS facilities shall adhere to the operational requirements as stated in Annex V and HIV testing standard criteria for laboratories set by NRL-SLH/SACCL (see Annex VI).

1. HIV testing shall be routinely offered, prioritized for and promoted to the following:
   a. Key populations including adolescents
   b. High risk individuals who have not been tested recently
   c. Partners, infants and children of PLHIV
   d. Patients showing signs and symptoms consistent with AIDS defining illness
   e. Patients with Sexually Transmitted Infections
   f. Patients with Hepatitis B and C
   g. Patients with under nutrition not responsive to interventions
   h. All confirmed tuberculosis patients
   i. All pregnant women regardless of risk
2. HIV testing shall be provided to any client who go to the HTS facility with expressed intention or need to undergo the test.
3. Only a registered medical technologist with HIV proficiency training certificate shall perform the HIV test procedure using DOH Food and Drug Administration (FDA)-registered test kits. Reactive blood samples from the populations shall be
sent to NRL-SLH/SACCL or its designated and certified confirmatory rapid HIV diagnostic algorithm (rHIVda) facility sites.

3. Testing procedures
   a. The HIV Counselor shall endorse the client for testing to a licensed and HIV proficient medical technologist and shall submit the DOH-EB Form A / A-MC.
   b. The HIV proficient medical technologist shall ensure that EB Form A / A-MC was properly filled out and signed by the client before performing blood extraction.
   c. The HIV proficient medical technologist shall ensure that HIV testing is performed according to the work instruction or standard procedure.
   d. Alternatively, a nurse phlebotomist may extract blood from the client and shall endorse the specimen to the HIV proficient medical technologist for testing. Nurse phlebotomists are required to undergo training in specimen handling to prevent mislabeling, losing specimens, and other pre-analytical errors.
   e. If the result is nonreactive, the medical technologist and supervising Pathologist or physician shall provide validated official laboratory result to the HIV Counselor or requesting physician for post-HIV test counseling.
   f. If the result is reactive, the medical technologist shall repeat the test on the same blood sample, then send the specimen to NRL-SLH/SACCL or its designated confirmatory rHIVda laboratory for confirmatory testing (see Annex VII Confirmatory Request Form). The reactive specimen must be refrigerated and sent within one week of extraction. However, if the reactive test is done in a confirmatory rHIV da site, then the medical technologist shall proceed to performing the confirmatory rHIVda.
   g. The medical technologist shall maintain a log of all necessary client information including the HIV test result before releasing the result to the HIV Counselor or requesting physician for post- HIV test counseling.

E. Post-HIV Test Counseling
   1. Post-HIV Test Counseling: Non-Reactive Result
      a. The HIV Counselor shall do the following:
         i. Provide the client an official copy of the HIV nonreactive test result signed by an HIV-proficient medical technologist who performed the test and validated by a pathologist. For Social Hygiene Clinics and TB DOTS facilities without a pathologist, the supervising physician shall review, validate and countersign;
         ii. Explain that the client may either be non-infected or may have been infected from the most recent exposure but his/her body has not produced sufficient level of antibodies that can be detected by the HIV test kit;
         iii. Check for the latest or ongoing significant risk. If the client reports of a major significant risk, the Counselor shall:
            a) Emphasize the importance of knowing the HIV status of sexual partner(s). Counselor shall recommend for the sexual partner(s) to undergo HIV testing.
            b) Facilitate risk reduction planning, discuss prevention of HIV infection, and the importance of maintaining an HIV negative status;
            c) Offer retesting after 6 weeks from the last HIV test result;
            d) Refer the client for continuous support, STI & HIV prevention services and other appropriate services from partner community-based organizations. Provide a referral letter (see Annex I-B).
b. After post-HIV test counseling, clients shall be requested to complete the Client Satisfaction Form (HTS Client Satisfaction Survey Form - Annex I-D).

2. Post - HIV Test Counseling: Reactive Result
No written reactive HIV test results shall be released to clients. Reactive blood samples shall be sent for confirmatory testing to NRL-SLH / SACCL or its designated Confirmatory rHIVda site.

a. Clients shall be verbally informed of the HIV reactive test result.

b. Clients shall be appropriately linked to care.

c. The HIV Counselor shall perform the following:

   i. Explain to the client that a reactive result means possible HIV infection and the blood sample will be submitted for confirmatory testing. Provide ample time to allow him/her to absorb the information and/or to ask questions for clarifications or further information.

   ii. Facilitate risk reduction planning and discuss prevention of multiple HIV infection and other STI including Hepatitis B and C. Condoms and lubricants are provided along with information on their correct use;

   iii. Emphasize the importance of knowing the HIV status of sexual partner(s). Counselor shall recommend for the sexual partner(s) to undergo HIV testing.

   iv. Advise the client/facilitate screening for TB, Hepatitis B and C, Syphilis and other STI.

   v. Emphasize the importance of early assessment by a treatment hub physician and provide a referral letter for the client to be linked to a treatment hub or primary HIV care facility chosen by the client.

   vi. Coordinate with a treatment hub or primary HIV care clinic and ensure that the client will be seen by the physician for further assessment and clinical management.

   d. The receiving treatment hub or primary HIV care clinic provides feedback to the referring HTS facility once the client has reached its facility.

3. Post HIV-Test Counseling: Positive Confirmatory Result
All official confirmatory test results shall ONLY be released to the referring facility by the NRL-SLH/SACCL or by its designated certified Confirmatory rHIVda testing sites. This is to ensure that the release of HIV confirmatory test is accompanied by a post-test counseling. Everyone who is diagnosed HIV-positive should receive post-test counseling, including couples where one or both are diagnosed HIV-positive after the PLHIV has disclosed his/her HIV status to the intimate partner.

The NRL-SLH/SACCL and confirmatory rHIVda testing facilities are required to report HIV positive results to the Epidemiology Bureau of the Department of Health.

a. It is an ethical obligation of the HIV Counselor to check the test result if it is consistent with the label on the envelope and with that of the identified client. Upon verification of the result, the HIV Counselor, as previously consented during pre-test counseling, shall contact the client for post-HIV test counseling and release of confirmatory test result.

b. During post-HIV test counseling, the HIV Counselor shall release the official copy of the confirmatory test result informing the client of the result simply, clearly, and in an objective manner, and provide ample time to allow him/her to absorb the information.
c. The HIV Counselor shall do the following:
   i. Help the client cope with emotions arising from the test result;
   ii. Address significant concerns and assist the client to identify who in her/his network may be available and acceptable to offer immediate support;
   iii. Reinforce risk reduction planning and other procedures found in sections 2.c.ii - iv of Post HIV-Test Counseling: reactive result (see page 6);
   iv. Discuss importance of disclosure of her/his HIV status to partner(s), family member(s) and/or significant other(s). Help the client in a decision making process to facilitate disclosure by presenting different strategies to do so.
   v. Encourage and offer referral for counseling and testing of partners and children;
   vi. Assess the risk of violence or suicide and discuss possible steps to ensure the physical safety of the client;
   vii. Inform the client of the importance of /or offer early treatment in maintaining health and transmission prevention and management of possible opportunistic infections;
   viii. Provide the client a referral letter (see Annex I-B) and ensure that the client shall be linked to the treatment hub or primary HIV care clinic of his/her choice for access of antiretroviral therapy, management of possible opportunistic infections, care and support services.

4. Post HIV-Test Counseling: Negative Confirmatory Result
   a. It is an ethical obligation of the HIV Counselor to check the test result if it is consistent with the label on the envelope and with that of the identified client. Upon verification of the result, the HIV Counselor, as previously consented during pre-test counseling, shall contact the client for post-HIV test counseling and release of confirmatory test result.
   b. The HIV Counselor shall release the official copy of the confirmatory test result informing the client of the result simply, clearly, and in an objective manner.
   c. Follow section E.1 under Post-HIV Test Counseling: Non-Reactive Result (see page 5).
   d. The sending laboratory shall perform the recommendations of the national reference laboratory as indicated in the confirmatory result, if there is any.

5. Indeterminate results or Inconclusive results
   In cases that NRL-SLH/SACCL will release such test result to the sending laboratory, the latter shall perform the recommendations of the national reference laboratory as indicated in the confirmatory result. NO RESULT shall be released to the client at this point. The laboratory should get a fresh plasma sample from the client and send to NRL-SLH/SACCL for further tests.

F. Connection to Care
   1. Clients with reactive result
      a. The treatment hub or primary HIV care clinic who receives referred clients with initial reactive result shall repeat HIV screening for the purpose of validating client’s initial HIV test result. Specimen should not be sent to NRL-SLH/SACCL for confirmatory testing.
      b. The treatment hub or primary HIV care clinic physician shall assess and manage the clients according to the Enhancing Linkage to Care of PLHIV (DC 2016-0171).
2. Clients with confirmed positive HIV test result
   a. All clients diagnosed with HIV shall be managed in accordance to the Treatment Guidelines of the Department of Health.
   b. The treatment hub or primary HIV care clinic who receives clients with confirmed positive result may repeat HIV screening if deemed necessary before initiating ART.
   c. All clients diagnosed with HIV shall be linked to prevention, treatment and care services, which include effective and appropriate follow-up, including continuous adherence counseling once enrolled to lifelong treatment.

G. Retesting
Frequency of retesting shall be recommended to the following:

<table>
<thead>
<tr>
<th>Population</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Key populations</td>
<td>Every 3 months</td>
</tr>
<tr>
<td>2. Pregnant women who belong to key populations or a partner of a PLHIV</td>
<td>1st trimester, 2nd trimester, 3rd trimester, and at least once while breastfeeding</td>
</tr>
<tr>
<td>3. Casual or intimate partners of key populations or PLHIV</td>
<td>Annual</td>
</tr>
</tbody>
</table>

H. MONITORING AND EVALUATION

All HTS facility shall maintain daily client registry and monthly monitoring report (see Annex III and VIII for the reporting forms). These should be submitted to LGU NASPCP coordinator. The programmatic evaluation of HTS will be covered by the annual Monitoring and Evaluation Plan for the Philippine Health Sector’s Strategic Plan for HIV.

All HIV testing laboratories shall be subjected to regular quality assessment and evaluation in compliance to quality management system implementation.

I. ROLES AND RESPONSIBILITIES

1. Disease Prevention and Control Bureau shall:
   a. Formulate plans and policies in the improvement of HTS strategy
   b. Review the HTS training programs relative to the implementation of this policy
   c. Develop Operations Guidelines on Community-Based HIV Screening.

2. Epidemiology Bureau (EB) shall:
   b. Collect required data from sites and provide the status of outcomes of HTS

3. DOH - Regional Offices (DOH-RO) shall:
   a. Advocate the setting up of HTS facilities in local government units
   b. Conduct monitoring and evaluation activities on HTS
   c. Manage HTS related commodities
   d. Facilitate capability-building activities regarding HTS
   e. Strengthen the service delivery network for HTS and regularly update its directory
   f. Ensure testing sites’ compliance to certification, licensing and accreditation (laboratories, clinical facilities)
   g. Monitor and supervise implementation of HTS.
4. NRL-SLH / SACCL shall:
   a. Develop accreditation criteria on HIV confirmatory testing for other agencies
   b. Set-up national referral centers for HIV confirmatory tests
   c. Conduct regular review of the national testing algorithm
   d. Mentor HIV testing facilities on the development of site standard operating procedures (SOP) and job aids
   e. Train clinic physicians on monitoring HIV laboratory procedures while pathologists are still being hired.

5. rHIVda sites shall:
   a. Implement the rHIVda and HTS guidelines accordingly
   b. Comply with the requirements set by NRL-SACCL as stated in the guidelines on the implementation of the rHIVda.
   c. Develop and maintain effective documented SOPs
   d. Maintain close collaboration with NASPCP, EB, Treatment Hubs, Primary HIV care facilities, LGU and NRL-SLH/SACCL in order to promote an overall efficient management system.

6. HIV treatment hubs and DOH hospitals shall:
   a. Integrate HTS in all relevant departments through the coordinative function of HIV and AIDS Core Teams
   b. Provide necessary data to EB for the monitoring of HIV cascade indicators, HTS, etc.

7. Local Government Units shall:
   a. Institutionalize the implementation of the guidelines through a local resolution by the local health board or as may be appropriate;
   b. Implement/conduct HTS in various departments of hospitals, Social Hygiene Clinic, and primary HIV care clinics and other HIV testing facilities;
   c. Ensure that HIV policies are implemented in every workplace, both private and public, within their area of responsibility.
   d. Ensure that infrastructures of the facilities implementing HTS are fully functional
   e. Promote adherence to SOPs at all levels of service providers;
   f. Support implementation of quality control and participate in External Quality Assurance Scheme;
   g. Ensure sufficient test kits and supplies for HTS implementation;
   h. Monitor and evaluate HTS implementation.

8. Non-Government/Community-based/Civil Society Organizations are encouraged to:
   a. Assist in the dissemination of this policy through training education and advocacy
   b. Ensure linkage to HTS facility and facilitate client referral and feedback
   c. Provide feedback to NASPCP on the quality of HTS
   d. Coordinate and collaborate on community-based HIV screening implementation.

9. WHO/UNICEF and other bilateral partners are encouraged to:
   a. Provide technical support in ensuring coordinated strategies in HTS implementation
   b. Assist in monitoring and evaluation and provide recommendation.
J. FUNDING
The Disease Prevention and Control Bureau - National HIV, AIDS, and STI Prevention and Control Program shall allocate budget for the implementation of these policies and guidelines including procurement of HIV test kits and funds for monitoring and supervision activities. Other DOH Offices and DOH hospitals shall support financially, as part of their annual budget, the implementation of these policies and guidelines in their respective regions/institutions.

VII. REPEALING CLAUSE
Administrative Order 2010-0028 entitled “Policies and Guidelines in the Conduct of Human Immunodeficiency Virus (HIV) Counseling and Testing in Community and Health Facility Settings” is hereby repealed.

VIII. EFFECTIVITY
This Administrative Order shall take effect immediately.

PAULYN JEAN B. ROSELL-UBIAL, MD, MPH, CESO II
Secretary of Health
Annex 1-A HTS Counselling Form

National HIV, AIDS & STI Prevention and Control Program
HIV Testing Services (HTS) Form 1
HIV Test Counseling Form

Clients Name: ____________________________

UIC: __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __

<table>
<thead>
<tr>
<th>Pre-Test Counselling Interventions</th>
<th>Client’s Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Confidentiality and privacy offered to the client</td>
<td>I am allowing the counsellor to use all means of communication provided here to contact me when my test result is available.</td>
</tr>
<tr>
<td>Basic information about HIV</td>
<td></td>
</tr>
<tr>
<td>Basic information about the test and result provision procedure</td>
<td></td>
</tr>
<tr>
<td>Any other special needs expressed by the client</td>
<td></td>
</tr>
<tr>
<td>Informed consent to undergo HIV test obtained</td>
<td></td>
</tr>
<tr>
<td>Others:</td>
<td></td>
</tr>
</tbody>
</table>

Informed Consent

I was given information about HIV, HIV testing process and was given the opportunity to ask questions.

I agree to undergo HIV Testing.

Client’s Signature: ____________________________

Client’s Name: ____________________________

Date: __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __

POST TEST Counselling: It is an ethical obligation of the HIV counselor to check the test result if it is consistent with the label on the envelope and with that of the identified client before giving the official copy of the test result.

☐ Please check the box if the following are performed.

For NEGATIVE Screening / Confirmatory Test

Latest or ongoing significant risk

Risk reduction planning

Condoms and lubricants

Referral for continuous support, STI & HIV prevention services

Schedule for Retest

<table>
<thead>
<tr>
<th>Date (mm/dd/yy):</th>
<th>Annual</th>
<th>After six (6) weeks</th>
<th>Others:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HIV Screen REACTIVE</th>
<th>HIV POSITIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Risk reduction planning</td>
<td>Assessment for risk for suicide / self-harm / violence to others</td>
</tr>
<tr>
<td>STI, Hep B, HIV prevention messages</td>
<td>Immediate support for client</td>
</tr>
<tr>
<td>Condoms and lubricants</td>
<td>Risk reduction planning</td>
</tr>
<tr>
<td>Referral to treatment hub for early assessment</td>
<td>STI, Hep B, HIV prevention messages</td>
</tr>
<tr>
<td></td>
<td>Condoms and lubricants</td>
</tr>
<tr>
<td></td>
<td>ART Initiation, OI management</td>
</tr>
<tr>
<td></td>
<td>Disclosure to partner(s)/family</td>
</tr>
<tr>
<td></td>
<td>Partner(s) / children for HIV Testing</td>
</tr>
<tr>
<td></td>
<td>Other Referral needs</td>
</tr>
<tr>
<td></td>
<td>Consent for Release of Information</td>
</tr>
<tr>
<td></td>
<td>Other Interventions:</td>
</tr>
</tbody>
</table>

Remarks (use back side for additional notes):

____________________________________________________

Name & Signature of Counselor: ____________________________

Date: __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __

Name of Facility: ____________________________

Request Client to complete the Client Satisfaction Form (HTS Form 4)

rev. July 12, 2017
Annex I-B. HTS Client Referral Form

National HIV, AIDS & STI Prevention and Control Program
HIV Testing Services (HTS) Form 2
HTS Client Referral Form

<table>
<thead>
<tr>
<th>Client's Name:</th>
<th>Date of Referral:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Referred by:</td>
<td>Contact No.:</td>
</tr>
<tr>
<td>Sending Facility:</td>
<td>Address:</td>
</tr>
<tr>
<td>Referred to:</td>
<td>Contact No.:</td>
</tr>
<tr>
<td>Receiving Facility:</td>
<td>Address:</td>
</tr>
</tbody>
</table>

Dear ____________________________,

I am respectfully referring to you our client who has received confidential HIV Testing Services in our HTS facility for the following services:

<table>
<thead>
<tr>
<th>(Please check as necessary)</th>
<th>Specific Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Management</td>
<td></td>
</tr>
<tr>
<td>Surgical Management</td>
<td></td>
</tr>
<tr>
<td>Laboratory Services</td>
<td></td>
</tr>
<tr>
<td>Psychological / Psychiatric</td>
<td></td>
</tr>
<tr>
<td>services</td>
<td></td>
</tr>
<tr>
<td>Financial support /</td>
<td></td>
</tr>
<tr>
<td>Livelihood assistance</td>
<td></td>
</tr>
<tr>
<td>Psychosocial support / care</td>
<td></td>
</tr>
<tr>
<td>group</td>
<td></td>
</tr>
<tr>
<td>DSWD services</td>
<td></td>
</tr>
<tr>
<td>Temporary Shelter</td>
<td></td>
</tr>
<tr>
<td>Legal assistance</td>
<td></td>
</tr>
<tr>
<td>Others</td>
<td></td>
</tr>
<tr>
<td>REMARKS:</td>
<td></td>
</tr>
</tbody>
</table>

If you have any questions or concerns on this referral, please do not hesitate to contact us. Kindly inform us once the client is accommodated. Thank you very much.

Respectfully yours,

__________________________
(printed name over signature)

ACTIONS TAKEN
(To be returned to Referring Facility)

___________________________________________________________

Special Instructions (If any):
___________________________________________________________

If you have any questions or concerns, please do not hesitate to contact us.

__________________________
Staff Name and Signature

Date __ __ / __ __ / __ __
(M M / D D / Y Y)

__________________________
Contact Number

__________________________
Address
Annex I - C. HTS Consent for Release of Information

National HIV, AIDS & STI Prevention and Control Program
HIV Testing Services (HTS) Form 3
Consent for Release of Information

Client Details
Name: ________________________________________
UIC: ________ ________ ________ ________ ________
Date of Birth: _______/______/______

UIC: First two letters of mother’s name, first two letters of father’s name, two-digit birth order, birthdate (MM-DD-YYYY)

Consent for Release of Information

After being made aware of the health care services that I need that can be provided by another facility and the necessary referral process, I, ____________________________, ___________ years old, freely give my consent to ____________________________, ____________________________, ____________________________, ____________________________, to release the following information:

<table>
<thead>
<tr>
<th>HIV Test Result</th>
<th>Medical Abstract</th>
<th>Summary of issues and concerns disclosed during counseling sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Details</td>
<td>Others:</td>
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</table>

I am fully aware that the information I provided shall solely be used by my health care providers in facilitating the management of my health care needs.

The above specified information will be released to: ____________________________, ____________________________, ____________________________, ____________________________, (Receiving Physician / Personnel)

I understand that I can withdraw or revoke this authority to give my confidential information at any time.

________________________________________
(Client’s Signature)
Date: __ / __ / __

________________________________________
(Witness’ Signature over Printed Name)
Date: __ / __ / __

Withdrawal of Consent

I hereby withdraw the consent given to above mentioned counselor / attending physician to release the details of the previously specified information.

________________________________________
(Client’s Signature)
Date: __ / __ / __

________________________________________
(Witness’ Signature over printed name)
Date: __ / __ / __
**Annex I-D. HTS Client Satisfaction Survey Form**

National HIV, AIDS & STI Prevention and Control Program  
HIV Testing Services (HTS) Form 4  
Client Satisfaction Survey

(Please check one)  

<table>
<thead>
<tr>
<th>The staff are friendly and supportive</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
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<tr>
<td>The staff / counselor took time to explain the process for the service(s) I needed</td>
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<td>The counselor made me comfortable to ask questions</td>
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<td>The counseling session had a relaxed and safe atmosphere</td>
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<td>I was satisfied to the services provided</td>
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<td>I will come back to this facility for another counseling session / other services</td>
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Remarks:

rev. April 6, 2017
The Department of Health (DOH) has an existing program for the prevention and control of the Human Immunodeficiency Virus (HIV) in the Philippines. The Epidemiology Bureau (EB) of DOH is mandated by Republic Act 8504 to collect information that will be used in planning activities to help stop the spread of HIV and to support and treat those diagnosed to have HIV. Your full cooperation is very important to this program. Please answer all questions as honestly as possible.

### ABOUT THE TEST

1. **What is HIV testing?**
   
   An HIV test is a blood test. It will show if you have antibodies to HIV— the virus that causes AIDS. A sample of blood will be taken from your arm. If the first test (screening) is reactive, another test (confirmatory) will be done to make sure that the first test is confirmed to be positive. A positive test means you have been infected with HIV. A negative test means you are probably not infected because it takes time for the body to produce antibodies. If you think you have been exposed recently, you need to be re-tested after 6 weeks to make sure you are not infected.

2. **Voluntary HIV testing**
   
   Taking an HIV test is voluntary. Under Republic Act 8504, you cannot be tested without your knowledge and consent. If you do not want to be tested, you have the right to refuse the test.

3. **Confidentiality of Test Results**
   
   Your test result is confidential. It will only be given to you personally.

---

Please fill up this form after you have signed the informed consent to be tested for HIV.

### PERSONAL INFORMATION SHEET (FORM A)

All information given will be STRICTLY CONFIDENTIAL. Please fill out this form COMPLETELY and as honestly as possible. Please write in Capital Letters and check the appropriate boxes.

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<td>Name (Full name):</td>
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<td>First 2 letters of mother’s real name:</td>
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<td>First 2 letters of father’s real name:</td>
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<td>Birth order:</td>
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<td>Birth date:</td>
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<td>Month</td>
<td>Day</td>
<td>Year</td>
<td>Age:</td>
<td>Age in months (for less than 1 year old):</td>
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<td>Sex (at birth):</td>
<td>Male</td>
<td>Female</td>
<td>Self-identity:</td>
<td>Male</td>
<td>Female</td>
<td>Other:</td>
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<td>Current Place of Residence:</td>
<td>City/Municipality:</td>
<td>Province:</td>
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<td>Nationality:</td>
<td>Filipino</td>
<td>Other, please specify:</td>
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<td>Highest Educational Attainment:</td>
<td>None</td>
<td>Highschool</td>
<td>Vocational</td>
<td>Elementary</td>
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<td>Post-Graduate</td>
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<tr>
<td>Civil Status:</td>
<td>Single</td>
<td>Married</td>
<td>Separated</td>
<td>Widowed</td>
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<td>Are you currently living with a partner?</td>
<td>No</td>
<td>Yes</td>
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<td>Are you currently pregnant? (If female only)</td>
<td>No</td>
<td>Yes</td>
<td>Number of children:</td>
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#### OCCUPATION

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<td>Current Occupation (please specify main source of income):</td>
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<td>Currently in school?</td>
<td>No</td>
<td>Yes</td>
<td>Please indicate level:</td>
<td>High school</td>
<td>Vocational</td>
<td>Other</td>
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<tr>
<td>Did you work overseas/abroad in the past 5 years?</td>
<td>No</td>
<td>Yes</td>
<td>Year</td>
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<td>If yes, when did you return from your last contract?</td>
<td>Year</td>
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<tr>
<td>Where were you based?</td>
<td>On a ship</td>
<td>Land</td>
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<td>What country did you last work in?</td>
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### Annex III. HTS Daily Client Registry

**HIV Testing Services Daily Registry**

<table>
<thead>
<tr>
<th>Date of Consult</th>
<th>Name</th>
<th>Age</th>
<th>Gender</th>
<th>Date of Birth</th>
<th>Address / Contact Information</th>
<th>Type of Client</th>
<th>Pre-test Counselling (Y/N)</th>
<th>Tested for HIV (Y/N)</th>
<th>HIV Test Result (N/R)</th>
<th>Post-test Counselling and HIV result (Y/N)</th>
<th>Date of Follow up</th>
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6
Annex IV – Individual Client Record Form

Surname: ___________________ First Name: ___________ Middle Initial: ___________ DATE of Visit: ____________________________

Age: ___________ Birthday: ___________ Sex: _______ Civil Status: ___________ Tel/Cellphone No: ____________________________

Home Address: ____________________________ Occupation: ____________________________

Place/ Address of Work: ____________________________ Telephone Number: ____________________________

CHIEF COMPLAINT: ____________________________

Purpose of visit: { ) Routine check-up { ) STI S/Sx { ) HIV testing { ) Contact of STI/HIV case { ) Referred from other facility: specify ___________ ( ) Others, specify ___________ 

SIGNs / SYMPTOMs if present (Place a Check(✓) in all boxes that apply and specify duration)

<table>
<thead>
<tr>
<th>Vaginal Discharge</th>
<th>Urethral Discharge</th>
<th>Genital Ulcer</th>
<th>Genital Blister</th>
<th>Dysuria</th>
<th>Genital rash</th>
<th>Genital itching</th>
<th>Scrotal swelling/pain</th>
<th>Lower Abdominal pain</th>
<th>Vaginal bleeding</th>
<th>Others, specify</th>
</tr>
</thead>
</table>

PAST HISTORY OF STIs and other Genital Tract Infections: (past 3 months) ____________________________

SEXUAL HISTORY (past 3 months): Number of partners: ___________ Date of last sexual contact: ___________

Sex of partners: ( ) Male ( ) Female ( ) Both

Sexual activity (check all that apply): ( ) Oral ( ) Vaginal ( ) Anal ( ) Others ___________

MENSTRUAL HISTORY: Age at menarche: ___________ LMP: ___________ Interval: ___________ Duration: ___________

OB-GYNE HISTORY: G___ P___ (_____ , _____ , _____) Pregnant: ( ) No ( ) Yes, AOG: ___________

FAMILY PLANNING METHOD: ( ) OCP ( ) DMPA ( ) BTL ( ) Condom ( ) NFP ( ) IUD ( ) Others: ___________

PHYSICAL EXAMINATION

Vital signs: BP ___________ HR ___________ RR ___________ Temp ___________ WT(kg) ___________ HT ___________

Eyes: ( ) Pallor ( ) Icterusia ( ) Discharge ( ) Redness ( ) Others, specify: ___________

Oropharynx: ( ) Redness ( ) Swelling ( ) Ulcer ( ) Exudates ( ) Others, specify: ___________

Neck: ( ) Mass ( ) Lymphadenopathy

Skin: ( ) Rash, specify ___________ ( ) Acne ( ) Others ___________

Lungs: Breath sounds: ( ) Clear ( ) Rales ( ) Wheezes ( ) Murmur ( ) Irregular rhythm

Abdomen: ( ) Tenderness ( ) Rebound tenderness ( ) Mass ( ) Others ___________

Inguinal Nodes: ( ) Tenderness ( ) Enlarged

Male Genital Exam: ( ) Lice ( ) Rash ( ) Blisters ( ) Ulcer ( ) Warts ( ) Mass

Female Genital Exam: External: ( ) Lice ( ) Rash ( ) Redness ( ) Ulcer ( ) Blister

( ) Wart ( ) Swelling ( ) Mass ( ) Abnormal Discharge

Vaginal wall: ( ) Abnormal discharge ( ) Foul-smell ( ) Wart

Cervix: ( ) Bleeds easily ( ) Redness ( ) Ectopy ( ) Discharge ( ) Others (specify) ___________

Pelvic Exam: ( ) Enlarged uterus ( ) Adnexal mass ( ) Adnexal tenderness

( ) Motion tenderness

Anus/Rectum: ( ) Swelling ( ) Redness ( ) Blisters ( ) Ulceration ( ) Wart ( ) Fissure

( ) Discharge ( ) Abcess ( ) Others, specify ___________

SPECIMEN COLLECTED: ___________ LABORATORY EXAM REQUESTED: ___________

DIAGNOSIS: ____________________________ TREATMENT GIVEN: ____________________________

OTHER ACTIONS TAKEN: ____________________________

NAME/SIGNATURE OF HEALTH SERVICE PROVIDER: ____________________________

7
Annex V: Operational Requirements for Facility-Based HTS

HIV Testing Services may be stand alone or integrated into existing services of hospitals, social hygiene clinics/reproductive health centers, outpatient clinics, drug treatment and rehabilitation centers, family planning clinics, health centers, and a diverse range of health outreach or community-based programs

1. Human Resources
   a. Trained HIV Counselor
   - The HIV counselor always introduces him/herself and the purpose of the activity
   - The counselor who provided the pre-test counseling ideally, should also be the same person to provide post-test counseling.
   b. HIV proficient medical technologist
   c. Licensed Pathologist or a NRL-SLH/SACCL trained clinic physician on monitoring quality HIV laboratory management

2. Structural requirements
   a. HIV testing and counseling rooms should well be ventilated, with adequate lighting and privacy (i.e., discussions within the room should not be discernibly overheard from the outside or the adjoining rooms) to ensure confidentiality.
   b. Counseling rooms should have a minimum of two chairs, at arms' length to create an informal, relaxed environment for HIV counseling and testing.
   c. Directory of partners and services should be updated twice a year.

3. Quality Requirements
   a. Test kits to be used shall be FDA-registered.
   b. The blood extraction place shall be well lit, standard precaution, proper waste segregation and disposal must be observed
   c. Maintenance of Daily HTS Registry, individual counseling form, and eHARP forms
   d. ALL DOH – licensed laboratories shall ensure quality management system
   e. Compliant participation to the EQAS conducted by NRL-SLH/SACCL
Annex VI. HIV Testing Center Standard Criteria

1.0 MANAGEMENT REQUIREMENTS
   1.1 Organizational structure headed by a Pathologist **
   1.2 Legal entity of the Laboratory Facility
   1.3 Quality policy and Objectives
   1.4 Quality Management System***
      1.4.1 Documented Standard Operating Procedures (SOPs)
         1.4.1.1 Pre-analytical phase
         1.4.1.2 Analytical phase
         1.4.1.3 Post-analytical phase
      1.4.2 Identification of Non-conformities or Deviations from SOPs
      1.4.3 Corrective Actions/Preventive Actions Procedure
      1.4.4 Resolution of Complaints Procedure
      1.4.5 Continuing Quality Improvement
      1.4.6 Management Review

2.0 TECHNICAL REQUIREMENTS
   2.1 Personnel Qualifications
      2.1.1 Personnel: ***
         Pathologist: 1**
         Chief MT: 1***
         Designated Proficient Medical Technologists***: 1-6 [load-dependent]
         Encoder: 1***
         Lab Aide: 1
      2.1.2 Trainings*** / continuing education
      2.1.3 Competence of staff
      2.1.4 Staff performance review and evaluation
   2.2 Laboratory Facility Requirements ***
      2.2.1 Sufficient space at least 20 sq meters
      2.2.2 Controlled access to laboratory examination area
      2.2.3 Organized laboratory work space
      2.2.4 Separate storage space for laboratory stocks and supplies
      2.2.5 Well-lighted and ventilated
      2.2.6 Sufficient electricity power for equipment and water supply
   2.3 Laboratory Equipment
      2.3.1 Required laboratory equipment in place
         CD4 machine, Biological refrigerator*** and freezer, Computer***, printer, centrifuge***, Autoclave***
      2.3.2 Record of identity, description, location, performance, maintenance, damages of equipment
      2.3.3 Calibration of equipment***
      2.3.4 Preventive maintenance of equipment and repair if required ***
   2.4 Reagents, Consumables & Supplies ***
      2.4.1 Reception and storage
      2.4.2 Record and inventory
2.5 Pre-Examination Processes and Procedures
   2.5.1 Available information for patients, clients and users
   2.5.2 Appropriate Laboratory request form***
   2.5.3 Primary sample collection
   2.5.4 Sample transport ***
   2.5.5 Receiving of samples ***
   2.5.6 Pre-examination handling, processing, storage of specimens ***
   2.5.7 Referral system for rHIVda ***

2.6 Examination Processes and Procedures
   2.6.1 Documented procedures of all laboratory examinations ***
   2.6.2 Internal Quality controls implementation and data analysis ***
   2.6.3 Documented laboratory performance according to monitored corrective actions

2.7 Post-Examination Processes and Procedures
   2.7.1 Recording and reporting of results and data output ***
   2.7.2 Confidentiality and security of laboratory results ***
   2.7.3 Laboratory results data include ***
       Name of Laboratory & logo
       Lab result value and interpretation, method of examination
       Signature of Medical technologist, Chief MT and Pathologist***

2.8 Proper Pre and Post Test Counseling ***
2.9 Client satisfaction survey***
2.10 Laboratory data/information management
   2.10.1 Record of all data from all stages of laboratory operations***
       Receiving/collection of specimens
       Examination process
       Post-examination process
       Incident reports/Non-compliances
       Survey results

*** Required criteria now
** Physician Certified Training in Laboratory Management Course
Others will be required later
CONFRIMATORY REQUEST FORM

INSTRUCTIONS:
1. Completely fill out NRL-SLU/SACCL Confirmatory Request Form. Disregard Test-II if only one test format (brand) was used.
2. Serum/plasma samples should be transferred to a 2 ml cryovial prior to transport. Specimens must be PROPERLY labeled (ie. name & date of birth).
   - Minimum of 1.5ml sample is required.
   - In case of delay, serum/plasma samples may be stored at 4°C for 7 days (-20°C for > 7 days).
   - If stored at 4°C, ship with ice pack/cold pack if stored at -20°C or lower, ship with dry ice.
3. Submit with sample to NRL-SLU/SACCL or by courier to this address:
   Receiving Section – NRL-SLU/SACCL, Annex Bldg 17, San Lazaro Hospital Compound, Quiacrado St., Sta. Cruz, Manila
   *For HIV referrals, submit the Personal Information Sheet DOH-EB Form A together with this Confirmatory Request Form.
   *Only HIV confirmatory testing is FREE and results will be available after 10 (working) days for samples that meet NRL’s Specimen Acceptance Criteria.
   *For children below 18 months old, submit NRL’s Confirmatory Request Form, EB - Form A, EB - AMC Form and Mother’s HIV Confirmatory Result.
   *For further information on referral requirements visit our website or call NRL-SLU/SACCL.
### MONTHLY HIV TESTING SERVICE FORM

<table>
<thead>
<tr>
<th>Type of Clients</th>
<th>No. of clients who underwent pre-test counselling</th>
<th>No. of clients tested</th>
<th>No. of clients with REACTIVE results</th>
<th>No. of clients who received results and underwent post-test counselling</th>
<th>No. of clients diagnosed with HIV during the reporting month</th>
<th>Remarks</th>
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<tbody>
<tr>
<td>Males having Sex with Males</td>
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<tr>
<td>Registered Female Sex Worker</td>
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<tr>
<td>Freelance Female Sex Worker</td>
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<tr>
<td>Transgender</td>
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<td>Drug Users</td>
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<tr>
<td>Person Who Inject Drugs (PWID)</td>
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<td>Migrant Worker (MW)</td>
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<td>Health Care Worker with Occupational Exposure</td>
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<td>Pregnant</td>
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<tr>
<td>TB Clients</td>
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<td>Adolescents (10-14 years old)</td>
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<td>(15-17 years old)</td>
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<td>(18-19 years old)</td>
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<td>Children (1-9 years old)</td>
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<td>Infants (&lt;1 year old)</td>
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<tr>
<td>Others</td>
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<td><strong>TOTAL</strong></td>
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</table>

**Prepared by:**

Name and Signature  
Designation  
Date

**Approved by:**

Name and Signature  
Designation  
Date